

## Suggested packing list

- clothing should consist of cotton summer items, plus a sweater or windbreaker for cool evenings, especially in Timbuktu; don't forget a swimsuit, as some hotels have swimming pools
- white clothes (e.g. t-shirts) get pretty dirty, pretty fast; you'll feel cleaner, longer, with light colored clothing
- a bandana or large scarf to cover your head, mouth and nose; for windy days
- a hat to provide good sun protection
- sunglasses are practically indispensable—store them in a hard case
- a flashlight (torch), for when the power fails; headlamps are particularly useful for campers
- you may do quite a bit of walking, so good walking shoes are a must; these need not be hiking boots
- sandals are good for relaxing or when driving
- rubber flip flops are ideal for campers, when utilizing outdoor showers; they can be purchased locally for about \$1 (1€ or less)
- if you require a good pillow for a good night's sleep, you should bring your own travel pillow; the hotels do provide pillows but they are sometimes hard and small
- toilet paper is not always available and it is worth the space it takes up in your luggage
- campers should definitely bring a towel
- do bring your own shampoo as there won't be any samples in the hotels
- hand-sanitizer (keep it handy)
- contact lenses can be problematic in this dusty climate; glasses are more practical; keep them stored in a hard case
- a money belt
- a small back pack or day-pack
- padlocks for luggage
- safety pins, needle and thread
- a small travel alarm clock, with fresh batteries
- a pocket dictionary of French phrases may be handy

## Suggested Medical kit

- your personal prescriptions, including refills; pack in your **carry-on bag**
- malaria tablets (by prescription)
- anti-diarrheal (e.g. imodium)
- aspirin or tylenol/paracetamol
- betadine or other topical antiseptic
- bandaids and an antibiotic creme
- rehydration powder or sports drink (e.g. gatorade)
- nasal decongestant, antihistamine or allergy medication
- antacid
- eye drops
- insect repellent
- hand-sanitizer (keep it handy)
- sun screen
- lip balm
- moisturizing skin lotion
- calamine lotion
- motion sickness pills, if you are prone to motion sickness

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| <ul style="list-style-type: none"><li><input type="checkbox"/> a medical kit (see the next section)</li><li><input type="checkbox"/> sports bars, dried fruit, trail mix, etc., if you like to snack; do not bring chocolate, it will only melt in your bag</li><li><input type="checkbox"/> you should bring all toiletries (including soap, shampoo, and feminine hygiene products) that you will likely need</li><li><input type="checkbox"/> bring a sufficient supply of film, cassettes and appropriate batteries for your photography and filming needs, as you may not find these items locally</li></ul> |  |
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